



REDLINE

LEADERSHIP L.L.C.

PROFESSIONAL GROWTH AND DEVELOPMENT COACHING FOR PUBLIC SAFETY LEADERS



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Tip o' the Hat!!

This month's "Tip o' the Hat" goes out to Jenna Connor, King County Fire District 20-Skyway (WA), for her promotion to the position of Lieutenant!! Jenna started her career right there in Skyway in 2020 as a volunteer for a short period of time before they recognized her as a great candidate to be added to their career staff. She hired on in that same year and was promoted to Lieutenant on Friday, February 13th.

Prior to entering the fire service, Lt. Connor worked at the University of Washington in the Athletics Department as the Team Fueling + Performance Nutrition Manager. And before that, Jenna worked as a Fitness Instructor and Performance Nutrition Intern.

For education, Jenna attended Boston University, graduating magna Cum Laude with a BS in Dietetics. She also lists her Volunteer Academy as an educational success with being recognized for the Chief's Company as an accomplishment.

In addition to her work at the fire department, Jenna enjoys friends, family, paddleboarding, biking and visiting bakeries to find the most delicious almond croissants.

Words of Wisdom: Jenna took these words from Dr. Michael Copass and lives them every day in her effort to serve others: ***"I don't take humans for granted and I will work over my head, beyond my capability that I see it, to achieve success."***

Congratulations Lieutenant Connor on your promotion. Well deserved!!



"Press the Tofu!"

We were visiting with our daughters on Christmas day via FaceTime, doing all the normal things. We were getting caught up on the "stuff" in their life when my oldest daughter said they were thinking about selling their home and moving sometime this next year. I bravely suggested they contact a realtor to get some ideas on what they need to do to their home to make it ready. My daughter, who is a tad bit stubborn (hmmm, wonder where she gets that?) let me know that she's "got this" and that I didn't need to jump in yet. I'm immensely proud of how she manages her whole world so I humbly let it drop.

A bit later, I was working on preparing dinner, pressing tofu and reflecting on our conversation. I got thinking about how you must plan ahead when preparing a meal that requires tofu that is pressed or the soy product just becomes a gelatinous pile of goo. If you want your meal to be successful....

Many of the things we do, especially when working towards a specific goal, requires thought and planning to ensure success. If you want to promote to an officer seat, you better plan ahead to get all the quals necessary. If you are planning a company level drill or training, you better plan ahead to make sure you have access to the training facility, the correct props or coverage for your out of service time. If your organization is starting a new program, you better make sure you have policies, funding, equipment and training for all personnel affected by the change. As you can see, the bigger the project, the more planning necessary.

So, if you want to be successful, in whatever you are doing, don't forget to "press the tofu" to ensure the outcome you are seeking.

